



# Intimate Care and Nappy Changing

## Policy statement

We have toileting procedures in place which ensure all children's privacy is respected during changing or using the toilet.

No child is excluded from participating in our setting who may, for any reason, not yet be fully toilet trained. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We provide cleaning, changing and nappy changing facilities and exercise good hygiene practices in order to support and accommodate children using the toilet and during toilet training.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

## Procedures

- All parents are required to bring in two to three sets of spare clothes which will be used in emergencies.
- We encourage all children who are toilet training to normally wear pull ups, or other types of trainer pants, as soon as they are comfortable with this and if their parents agree.
- Young children are taken to the toilet at regular times in small groups, such as before garden time, after lunch etc.
- Our toilets and changing areas have a safe area to change a child.
- Nappies are changed standing up in a cubicle to encourage the children to use the toilet. A changing mat is provided for children who need to lay down and be changed.
- Each child has their own basket to hand with their nappies or pull ups, changing wipes and change of clothes.
- Our staff put on gloves and aprons before changing or toilet cleaning starts and the areas are prepared.



- All our staff are familiar with our hygiene procedures and carry these out when cleaning children on the toilet or changing nappies.
- Staff never turn their back on a child or leave them unattended whilst they are on the changing mat.
- We are gentle and respectful when cleaning or changing a child; We avoid pulling faces and making negative comments about 'nappy contents'.
- We do not make inappropriate comments about children's genitals when toilet cleaning or changing their nappies.
- In addition, we ensure that nappy changing is relaxed and a time to promote independence in young children.
- We encourage children to take an interest in using the toilet.
- We encourage children to wash their hands, and have soap and towels to hand. They should be allowed time for some play as they explore the water and the soap.
- Older children access the toilet when they have the need to and are encouraged to be independent.
- We dispose of nappies and pull ups hygienically. Any soil (faeces) in nappies or pull ups is flushed down the toilet and the nappy or pull up is bagged and put in the bin. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are bagged for parents to take home.
- We have a 'duty of care' towards children's personal needs. If children are left in wet or soiled nappies/pull ups in the setting this may constitute neglect [and will be a disciplinary matter].
- We use a chart to record when young children have been to the toilet.

This policy was adopted at a meeting at Alamiyah School

Held on: .....

Signed on behalf of the Alamiyah School: .....

Date of Next Review: July 2019